



NDFC Coaches' Game Day Checklist

U8 to U12

Version 2 - 2020-09-29

Before the game

- Confirm your game time and location:
- Check the [U8-U12 Schedule Placement](#) to find out what league you will be playing in. Your league is indicated in the last column on the right. Make sure you check this carefully
- If you are the home team, confirm the details of the game with your opponent; email your opponent with the game details (date, time, location, confirmation of your team colours) and make sure that you attach a copy of [NDFC's Visitor's Game Day Guide](#)
- If you are the away team, please make sure to contact your opponent to confirm your game details by Wednesday (of the week of your game) at the latest. You will need to review their Visitor's Game Day Guide/Checklist, which they should provide for you (it should also be available from their club's website)
- All coaches should be familiar with the [Small-Sided Soccer Development Manual](#) as per BC Soccer.



Before the game

- Please note that if teams are part of a 'cohort', or if there are an odd number of teams:
 - teams may have a 'bye' scheduled
 - teams may be scheduled to play two (2) games in the same day ('jamboree' style format, 25 or 30 minute games)
 - Games may be back to back, or there may be a break between games
- PDS (U8-U12 exhibition series) operating guidelines- click [HERE](#)
- List of schedules and duration:
 - NDFC 2-week game schedule - click [HERE](#)
 - SUSC 2-week schedule - click [HERE](#)
 - CFC 2-week schedule - click [HERE](#)
 - BCCSL schedule - click [HERE](#)



Before the game

Review with Parents

- Families must do a self-assessment for Covid or flu-like symptoms. If a member of the family has any symptoms, they should not come to the field
- A maximum of two (2) spectators per player will be allowed for home games
- Spectators are not allowed on the field of play at any time
- Spectators must stay a minimum of 2 feet back from fences at NDFC fields (please refrain from leaning on fences)
- Spectators are reminded to ensure they maintain physical distancing guidelines (at least 2 metres or 6 feet from non-family members) at all times
- Spectators are encouraged to wear masks; however, these are not required
- Spectators will need to review the procedures listed on other club's Visitor's Game Day Guides/Checklists, and abide by their requirements for away games



Before the game

Review with Players

- Review the field entrance and exit points
- Players must sanitize their hands before entering the field (coaches will provide hand sanitizer)
- Players are to maintain physical distancing guidelines (at least 2 metres / 6 feet) while entering the field and exiting the field
- Only water bottles are allowed on the field (players should enter the field fully dressed, including soccer shoes and shin pads)
- All water bottles will need to be placed at least 2 metres (6 feet) apart from each other (even if they are placed on a permanent bench at the field)
- Players must follow the opponent's Game Day Guide/Checklist when playing at an away field



Before the game

Review with Coaching Staff/Manager

- Sanitize hands before entering the field
- Bring and use their own water bottle
- Bring a mask and/or gloves for instances where physical distancing is not possible
- All equipment must be sanitized before entering the field; try not to let players handle any equipment
- Review and follow the opponent's Game Day Guide/Checklist when playing at an away field



During the game

- Arrange to meet your team at a predetermined location and time
- NDFC fields' warm-up areas are designated as follows:
 - Delsom - upper grass field on the East side
 - Mackie - gravel field, or Sands grass field may be used (only if games are not being played there)
- Confirm that all players and team staff are feeling well, and no one is experiencing any Covid or flu-like symptoms. If any players or team staff are feeling ill or showing symptoms, they will need to be asked to leave the field
- Ensure that all players and coaches sanitize their hands prior to entering the field
- Mark or indicate an area for players to place their water bottles; all water bottles must be kept at least 2 metres (6 feet) apart from each other
- Players must refrain from touching any equipment (coaching staff should set up and take down)



During the game

- Remind players and all coaches/managers that they will need to maintain physical distancing:
 - When entering and exiting the field
 - During the lineup check by the referee
 - During half time
 - While on the sidelines
- If you are the home team, you must maintain two (2) game balls sanitized and ready to go at all times. If the game ball goes out of play, offer the referee the alternate ball. Once the game ball is returned to you, it will need to be re-sanitized
- Avoid team huddles, fist pumps, high fives, or any other close distance celebrations



During the game

- Goalkeepers should not share gloves and/or spit on their gloves
- Spitting is not allowed on the field at any time
- All participants must re-sanitize their hands on their way out of the field, and on their way back into the field if they need to leave the field during the game
- Throw-ins are not allowed under Phase 2 play, and will be replaced by kick-ins; these will be played as indirect free kicks, and offsides will apply (for age groups that play with offsides). There is a “one step” rule in effect that applies to all kick-ins; the player taking the kick-in can take a maximum of one step (length no longer than a meter) prior to kicking the ball.
 - Please refer to the following guidelines provided by BC Soccer [Phase 2 - Return to Play - Kick Ins](#), which serve to clarify this temporary new procedure
- There will be no end of game handshakes with the opposing team or the referee(s)



After the game

- Immediately following the end of the game, players are to exit the field after sanitizing their hands; ensure they take all of their belongings with them, and that they maintain proper physical distancing
- All players, coaches, team staff, and spectators must leave the field as soon as possible; no congregations or team meetings should follow near the field of play. If you wish to meet with your team, please do so at a designated area a distance away from the field
- Please collect any pinnies used before/during the game from players, and ensure that these are laundered prior to your next session or game
- Coaches will need to sanitize all soccer balls and any other equipment used at the designated sanitizing station; please ensure that all equipment is put away properly
- Coaches should encourage the visiting team to sanitize their soccer balls/equipment before leaving the field. The coach of the home team will be responsible for providing the location of the sanitizing station to the opposing team's head coach
- Coaches are to report any incidents and/or health and safety measure violations to ed@northdeltaafc.com within 48 hours of the conclusion of the game



After the game

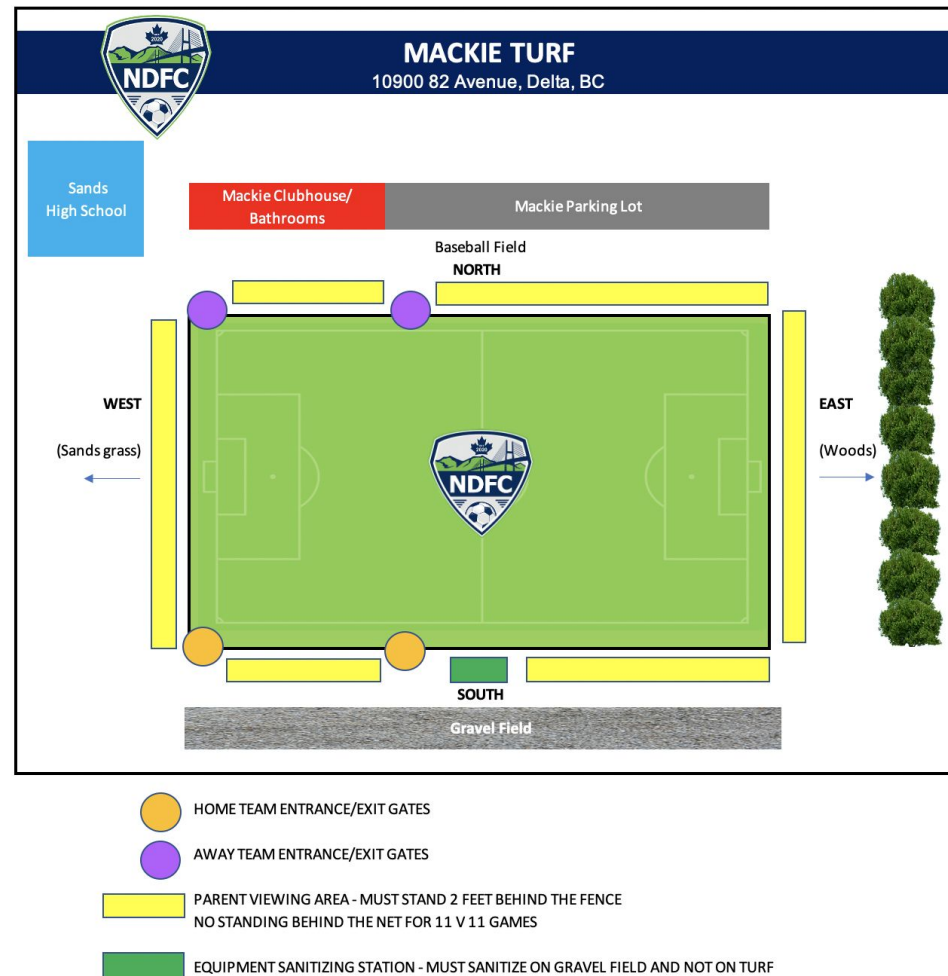
Contact Tracing (Surrey fields)

- The City of Surrey and White Rock require all teams playing on their fields/parks to fill out an ["Event Attendee Register"](#) for the purposes of contact tracing
- Surrey teams should be forwarding a fillable PDF form for visiting teams to complete
- As head coach, you must provide your contact information (email and/or phone number), as well as that of your team staff (assistant coaches, managers, etc). In addition, your player roster will need to be included (i.e. first name/last name for all your players); player contact information is NOT required. Spectator contact information is also NOT required.
- Completed forms must be submitted to contacttracinginfo@surrey.ca within 24 hours following the end of your game



Field map

Mackie Turf



Field map

Delsom Turf



Field map

Sands Grass



Gunderson Grass

