



NDFC Game Day Checklist

Before your game

- Find your game time and location
 - ◇ If you are the home team you will need to send the opposing team a copy of our Visitor Game Day Guide. Here is the link to this document. <https://www.northdeltaafc.com/return-to-play>
 - ◇ If you are playing an away game, contact the team you are playing for game day info no later than Wednesday. You will also need to review their Game Day Checklist on their website or from the information they send you at least (1) day before your game.
- Warm ups are in designated areas:
 - ◇ Delsom is the upper grass field on the East side.
 - ◇ Mackie is the gravel field or on sands grass field if games are not being played.
- Review the game entrance/exit points and ball sanitizer locations on the field maps.
- Review with parents:
 - ◇ Parents must do a self-assessment for symptoms of illness. If they have any symptoms, they are to stay home until symptoms have subsided.
 - ◇ No parents on the field of play at any time.
 - ◇ That on our home fields we will have a maximum of 2 family members per player at the field on game day.
 - ◇ Parents will need to review and understand the game day checklists from other clubs and obey their requirements on spectators.
 - ◇ For home games, parents must stay 2 ft back from the fence (no leaning on the fence).
 - ◇ Parents must social distance from non-family members at least 2m-6ft at all times.
 - ◇ Masks are recommended for parents but not required.
- Review with players:
 - ◇ They must sanitize their hands before entering field (coaches will have sanitizer).
 - ◇ Players are to maintain the 2m-6ft social distance while entering the field of play and exiting the field of play.
 - ◇ Only water bottles will be allowed on the field (players should enter the field fully dressed including cleats and shin pads).
 - ◇ All water bottles will need to be placed at least 6 ft away from each other and if they are sitting on a permanent bench during the game at the field, they are to space out 6 ft.
 - ◇ Players must follow any additional Game Day Checklist items when they are at an opposing team's field.
- Review with your Coaching staff/Manager:
 - ◇ They must sanitize hands before entering field.
 - ◇ Bring their own water bottle.
 - ◇ Bring a mask and or gloves for instances where physical distancing is not possible.
 - ◇ All equipment must be sanitized before entering the field of play. Try not to let players handle any of your equipment.
 - ◇ Review and follow opposing teams Game Day Checklist when you are at the opposing team's field.

Games-On Field

- Meet your team at a pre-determined location and time at the park you are playing at.
- Discuss with you team and confirm that no players or team staff are experiencing any symptoms of Covid-19 or any other illnesses. Any individual that says thy are ill or shows symptoms of illness, will need to be sent home and asked not come back till symptoms have subsided.
- Do not enter the filed until all players and coaches hands are sanitized.
- When on the field mark or indicate the area for the players water bottles.
- Remind players and all coaches that social distancing will need to be adhered to during:
 - ◇ Entering and exitiing playing field
 - ◇ During line up check by referee
 - ◇ At half time
 - ◇ While on the sidelines
- All water bottles must be 6ft-2m apart.
- Players are not to touch the equipment as the coaching staff is to do this.
- As the home team, you must have 2 game balls at all times, sanitizied and ready to go. If the game ball goes out of play, give the referee the other sanitized ball. Once the first game ball is returned to you, it will need to be re-sanitized.
- No pinnies are to be worn.
- Avoid team huddles, fist pumps, high fives, or any other close distance celebrations.
- No end of game handshakes with oposing team or the referees.
- Goalies will not share gloves or spit on their gloves.
- No spiting on field at any time.
- All participants must re-sanitize their hands on the way out and back in if they leave the field after they initially enter.
- No throw ins, kick ins only, they will be indirect and for ages with offsides , offside will apply during this free kick.

Post Game

- Coaches of the home team will be the only ones to sanitize and put away game day equipment.
- Players are to exit fields(after sanitizing their hands) right after the game bringing their belonging with them while maintaining social distancing.
- Coaches will need to sanitize their soccer balls and any cones that were used at the designated sanitizing stations at the field.
- Coaches will need to encourage the visiting team to sanitze their equipment and balls as well before leaving the field. Home coach will be responsible for sharing the sanitizing location with the opposing teams head coach.
- All players, parentst and coaches must leave the field as soon as physically possible, no congrigatong or team meetings near the field of play. If you wish to meet with your team. do it at a designated area far away from the filed of play and practise social distancing.
- Coaches are to report any incidents or health and safety measures to: ed@northdeltafc.com within 48 hours of the game.

Field layout Delsom Turf



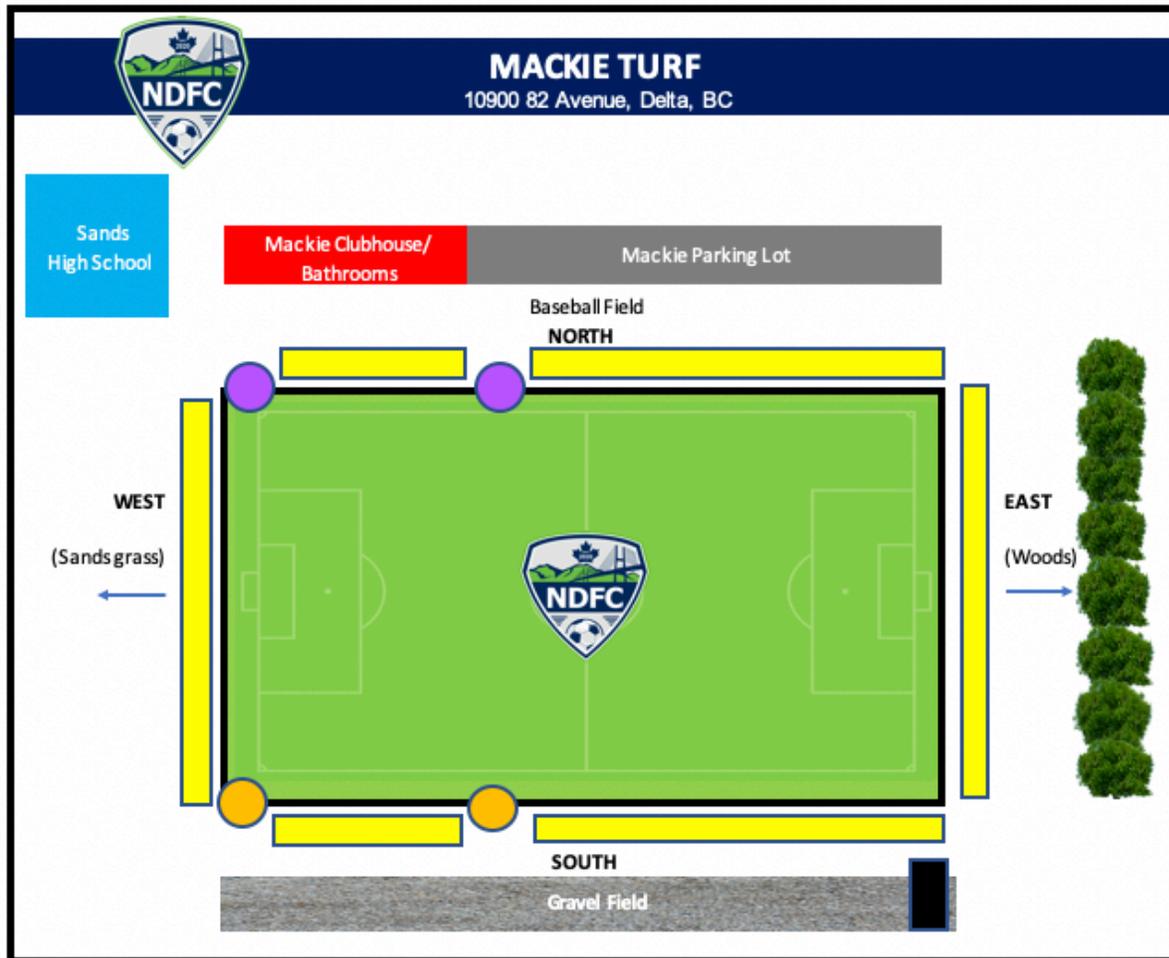
 HOME TEAM ENTRANCE/EXIT GATES

 AWAY TEAM ENTRANCE/EXIT GATES

 PARENT VIEWING AREA - MUST STAND 2 FEET BEHIND THE FENCE
NO STANDING BEHIND THE NET FOR 11 V 11 GAMES

 EQUIPMENT SANITIZING STATION - MUST SANITIZE ON CEMENT AND NOT ON TURF

Field layout Mackie Turf



 HOME TEAM ENTRANCE/EXIT GATES

 AWAY TEAM ENTRANCE/EXIT GATES

 PARENT VIEWING AREA - MUST STAND 2 FEET BEHIND THE FENCE
NO STANDING BEHIND THE NET FOR 11 V 11 GAMES

 EQUIPMENT SANITIZING STATION - MUST SANITIZE ON GRAVEL FIELD AND NOT ON TURF